

REPORT
OF THE
BOARD OF TRUSTEES
OF THE
MASSACHUSETTS
GENERAL HOSPITAL

PRESENTED TO THE CORPORATION
AT THEIR ANNUAL MEETING,

JANUARY 27, 1858.

BOSTON:
1858.
J. H. EASTBURN'S PRESS.

REPORT OF THE TRUSTEES

OF THE

MASSACHUSETTS GENERAL HOSPITAL.

The Committee of the Trustees of the Massachusetts General Hospital, appointed to examine the accounts of the Treasurer, and to present to the Corporation a statement of the condition of the Institution, respectfully Report,—

That they have examined the accounts of the Treasurer, made up to December 31st, 1857, which are herewith submitted, and have found them correctly cast, and accurately vouched. They have also found that the evidences of the property of the Corporation are correct; and that the balance sheet corresponds with the entries of the ledger.

The property of the Corporation yielding income consists of

Real Estate in Boston,	\$33,209.20
Massachusetts Hospital Life Insurance Co. Stock,	50,000.00
Trust Funds in Massachusetts Hospital Life Insurance Co.,	26,000.00
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<i>Amount carried forward,</i>	\$109,209.20

<i>Amount brought forward,</i>					\$109,209.20
Manufacturing Stocks,	26,135.00
Notes receivable secured by mortgages,	27,029.95
Railroad and Bridge Stocks,	15,274.42
Bank Stocks,	28,034.75
City of Boston Loan,	9,834.73
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					\$215,518.05
Deduct debt due from the Institution,	43,914.50
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Fund applicable to the general purposes of the Corporation,	\$171,603.55

The expenses and receipts for the year 1857 were as follow:

EXPENSES.

Total expense of the Allen St.				
Hospital,	.	.	.	\$42,910.40
Total expense of McLean Asylum,				62,752.83
				<hr/>
				\$105,663.23

INCOME.

Charges to patients at the Allen				
Street Hospital,	.	.	.	\$7,336.83
Charges to patients and produce				
of farm, McLean Asylum,	.	.	.	64,580.82
Dividends and interest,	.	.	.	15,489.30
Rents,	.	.	.	3,500.00
Free Beds,	.	.	.	4,800.00
Donation,	.	.	.	25.00
				<hr/>
				95,731.95
				<hr/>
Excess of expenses over receipts,	.	.	.	\$ 9,931.28

This amount is about \$6,000 less than the deficiency in 1856.

This excess of expenses over receipts, now continued for a series of years, demands, and must receive the earnest attention of the Trustees. The constant diminution of the property of the Institution, not strictly in trust for special uses, will inevitably lead,—unless a proper and efficient remedy shall be applied,—to such a restriction of its charities as cannot be contemplated without the deepest regret by any one cognizant of the noble uses to which its funds have been made subservient.

The Report of the Superintendent of the Hospital, which is herewith submitted, shows that during the year 1857, there were admitted 920 patients—543 males, and 377 females—being 56 less than in the year 1856; 510 have been discharged, well; 59 much relieved; 136 relieved; 130 have died. It will be noticed that the number of patients discharged cured is larger than in any previous year since the opening of the Hospital. The average weekly expense of each patient, excluding repairs, was \$5.90; including repairs, \$6.45.

But the beneficent uses of the Hospital are not confined within its walls. The Report of the Admitting Physician, who is also Physician to out-patients, affords gratifying evidence that the advantages of the Institution are shared by many whose condition does not require a temporary residence in the building. The number of out-patients, both surgical and medical, has largely increased. The accompanying table shows the cases under treatment since 1847.

Year.		Surgical.		Medical.		Whole Number.
1847	::	212	::	116	::	328
1848	::	211	::	167	::	378
1849	::	169	::	103	::	272
1850	::	230	::	64	::	294
1851	::	166	::	71	::	237
1852	::	181	::	67	::	248
1853	::	281	::	77	::	358
1854	::	297	::	180	::	477
1855	::	356	::	289	::	645
1856	::	349	::	538	::	887
1857	::	732	::	842	::	1574
		<hr/>		<hr/>		<hr/>
		3184	::	2514	::	5698

The Report of the Acting Superintendent of the Asylum indicates results substantially the same with those of previous years. There have been admitted to the Asylum 141 patients, being 8 less than in the year 1856; 71 have been discharged, well; 11 much improved; 32 not improved; 28 have died.

This report comes from the hand of Dr. Bell, whose connection with the Asylum for many years is so widely known, and who, at the request of the Trustees, a few weeks before the close of the year, kindly consented to resume the responsible position of Superintendent, during the illness of Dr. Booth. Since the document was written, Dr. Booth has died. The Trustees have marked their sense of his devoted and useful labors, by the passage of appropriate resolutions, which have been communicated to his family. It will not however be deemed inappropriate to this place to still further recognise his merits as an officer, and to deplore

the loss which the Institution has sustained in his early and lamented decease.

Nature had endowed him with a temperament singularly well fitted to meet the harassing duties of daily superintendence of the insane. His tastes, training and education, developed a character consistent in all its parts; quiet, firm, and self-reliant. Kind hearted, gentle in manner, and sympathetic, he secured the affection no less than the respect of his patients and subordinates. The years spent in our own and in other kindred institutions had suitably prepared him for the great trust which nearly two years since was confided to his hands. With a patience and equanimity which no perverseness could disturb, with a cool, dispassionate judgment which no combination of difficulties seemed to shake, he kept on the even tenor of his way, with no uncertainty as to the line of his duty, and with entire courage in its execution.

His thorough knowledge of the capacities and wants of the Asylum were well known to the Trustees—and his communications to that body, now on file, indicate improvements which will necessarily be carried out at no distant period.

During the year there has been built at the Asylum a new and substantial brick stable, including a mechanics' shop, at a cost of a little more than six thousand dollars, and in place of the building burned in the autumn of 1856. A close board fence, enclosing a portion of the estate upon the lines of the Lowell and Fitchburg Railroads, has also been erected. The Trus-

tees will be gratified to learn from the report of the Steward that its finances are recovering from the deficiency of the previous year. It began the year 1857 with a deficit in cash of more than \$4,000. This sum has been refunded from its earnings, and \$10,000 have been expended in the erection of permanent improvements. Deducting the amount of the salaries of the officers, paid by the Treasurer, the income will exceed the expenditure about \$5,000. During the present year, it does not seem probable that any large outlay for repairs will be considered expedient. A continuance of positive earnings of the institution will possibly authorize such general alterations in the ventilation of the buildings, and such other changes as may seem to be required.

In view of the increased cost of food, and the consequent large expenses for this object at the Allen Street Hospital and at the Asylum, the minimum rate of board at both institutions was raised last spring to \$4.50 per week. No inconvenience has as yet resulted from this augmented charge—and, so far as known, the community appear satisfied that the new rate was not only expedient but necessary.

Early last spring the Board received notice from Charles W. Storey, Esq., Executor, that the Hospital has received a bequest by the will of the late Matthew P. Sawyer, Esq., of \$7,000, and that it was also the residuary legatee of the estate. The amount of this munificent donation cannot now be known; but it will

probably rank with the largest endowments which the generosity of its friends have yet bestowed.

There has been paid to the Corporation in the past year the bequest of William Pickman, Esq., of \$4,000, to the Massachusetts General Hospital and to the McLean Asylum, one half each.

The Committee are gratified to bear witness to the general good condition of both Institutions at the present time. They willingly testify to the faithful, assiduous and patient performance of their arduous duties by the officers and attendants. In the details of administration, improvement has been made and is still in progress. It is of the greatest importance that the responsible managers of these institutions should so conduct them as to render each, so far as is practicable, a model of its kind, and to spare no effort to continue to merit that confidence and favor of the community which have so long been enjoyed.

WILLIAM W. GREENOUGH,
ROBERT M. MASON.

BOSTON, JANUARY 27, 1858.

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R E P O R T

OF THE

SUPERINTENDENT OF THE MASSACHUSETTS GENERAL HOSPITAL,

FOR THE YEAR 1857.

ADMITTED TO THE HOSPITAL FROM JAN. 1, 1857, TO JAN. 1, 1858.

	Males.	Females.	Total.
Patients paying board,	223	57	280
“ “ “ part of the time,	69	22	91
“ entirely free,	251	298	549
	<hr/>	<hr/>	<hr/>
	543	377	920

Of these, 10 paid \$12; 7 paid \$11; 10 paid \$10; 3 paid \$9; 3 paid \$8; 40 paid \$6; 14 paid \$5; 216 paid \$4.50; and 68 paid \$4.

DISCHARGED DURING THE YEAR.

	Males.	Females.	Total.
Well,	306	204	510
Much relieved,	27	32	59
Relieved,	77	59	136
Not relieved,	28	29	57
Not treated,	39	19	58
Dead,	92	38	130
Insane,		2	2
By request,	2	2	4
Dismissed,	1	1	2
	<hr/>	<hr/>	<hr/>
	572	386	958

Proportion of deaths to the whole number of results,
1 in 7½.

Greatest number of patients in private rooms, 5;
greatest number of paying patients, 40; of free patients,
119; greatest total, 157; least number in private rooms,
2; least paying, 19; free, 79; least total, 103.

Number of accidents admitted during the year, 163.

Average number of patients, 128. Males, 66; Fe-
males, 62.

Average number of paying patients, 28; 14 Ameri-
can, and 14 Foreign. Total, 28.

Greatest number of paying patients, 40; 23 Ameri-
can, and 17 Foreign.

Least number of paying patients, 18; 9 American,
and 9 Foreign.

ANALYSIS OF PATIENTS.

	Pay.	Free.	Partial Payment.
Males — Mechanics,	82	66	30
Laborers,	28	104	13
Farmers,	27	7	
Minors,	20	49	2
Seamen,	35	12	11
Teamsters,	3	9	1
Clerks,	12	1	3
Merchants,	16	1	2
Physicians,	2		1
Clergymen,	2		
Lawyers,		2	2
	<hr/>	<hr/>	<hr/>
	227	251	65

Total Males, 543. Of this number, 25 were in private rooms.

	Pay.	Free.	Partial Payment.
Females.—Domestics,	11	130	8
Minors,	2	35	4
Wives,	30	65	5
Widows,	5	43	4
Seamstresses,	3	21	
Teachers,	1	3	
Spinsters,	5	2	
	<hr/> 57	<hr/> 299	<hr/> 21

Total Females, 377. Of these, 11 were in private rooms. Twenty-one per cent. of the free patients were female domestics; nineteen per cent. were male laborers, the most of whom were foreigners.

Average time of ward-paying patients is 2½ weeks; and of free patients, five weeks.

Proportion of ward beds occupied by free patients, nearly two to one.

ANNUAL EXPENSES.

Stores,	\$17,055.82
Contingencies,	175.84
Wages,	9,985.55
Fuel,	3,876.69
Furniture,	1,019.35
Medicine,	4,861.32
Repairs,	3,675.62
Stationery,	260.21
Salaries,	2,000.00
	<hr/>
	\$42,910.40

The whole amount of board charged to all the patients during the year, was \$29,800.23. Of this sum there was charged to the Trustees for the board of free patients, \$22,463.40; and the balance, \$7,336.83, has been received from paying patients.

If from the gross amount of the annual expenses the repairs be deducted, and the remainder be divided by the average number of patients, it will give \$5.90 for the weekly expense of each patient.

RICHARD GIRDLER, *Superintendent.*

To the Board of Trustees.

REPORT

OF THE

STEWARD OF THE McLEAN ASYLUM FOR THE INSANE,

FOR THE YEAR 1857.

The following are Balances of the several accounts :

Stores,	\$22,597.12
Fuel,	2,232.10
Stationery,	45.50
Wages,	9,518.57
Medicine,	1,292.57
Contingencies,	1,649.31
Furniture,	1,733.35
Repairs,	4,267.32
Improvements,	2,808.38
Diversions,	1,875.82
Abatement,	954.50
Library,	114.66
Gas Lights,	1,678.30
Salaries,	508.33
New Stable,	6,215.65
Salaries paid by the Treasurer,	4,950.00
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	\$62,441.48
Less, By Abatement, \$ 954.50	
" New Stable, 6,215.65	
Cr. " Farm, &c., 1,265.85	
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	8,436.00
	<hr/>
	\$54,005.48

COLUMBUS TYLER, *Steward.*

McLEAN ASYLUM, JAN. 20, 1857.

FORTIETH
ANNUAL REPORT
OF THE
PHYSICIAN AND SUPERINTENDENT
OF THE
MCLEAN ASYLUM FOR THE INSANE,
TO THE TRUSTEES
OF THE
MASSACHUSETTS GENERAL HOSPITAL.

As the temporary head of this Institution, called by you to this charge in consequence of the lamented failure of the health of its Physician and Superintendent, Dr. Booth, the duty falls upon me of making the Annual Report of its condition and results, required by its Rules and Regulations.

My resumption of this superintendence has been so recent, that I must of course depend upon the information derived from the intelligent and zealous Assistant Physicians, for many of the elements upon which the recapitulation of results is based.

At the beginning of the year just closed, the Asylum had on its Register the names of one hundred and ninety-six patients—ninety-four males and one hundred

and two females. There have been received during its course, one hundred and fifty-one patients—seventy-five males and sixty-six females.

The aids of the Asylum have consequently been extended to three hundred and thirty-seven persons—one hundred and sixty-nine of whom were males, and one hundred and sixty-eight females.

During the year, eighty males and seventy-nine females have been discharged—a total of one hundred and fifty-nine persons; leaving at the close, (Dec. 31, 1857,) one hundred and seventy-eight in the house—being eighty-nine of each sex.

Of those discharged, seventy-one—thirty-six males and thirty-five females, have been regarded as *recovered*, using this term as well as the others denoting condition, in the same signification as in time past; eleven—five males and six females, were *much* improved; seventeen—seven males and ten females, were *improved*; thirty-two—twenty males and twelve females were *not* improved; and twenty-eight—twelve males and sixteen females have *died*.

These results are essentially like those of previous years, as might naturally have been expected from the facts that the extent of available accommodations in the Asylum, the character of the inmates, and the general system of care and treatment having remained the same. The circumstance of a large proportionate admission of recent cases, incident to its position and the professional and public confidence with which it has been long honored, will explain the high ratio of

recoveries registered year after year, while its private character, permitting the admission and removal of patients, as those interested may decide, will always involve the necessity of reporting an unusual proportion, as *much improved*, and *improved*, and *not improved*. Under the absence of all methods of controlling the stay of its inmates, it is to be expected that many will be prematurely removed, before all has been accomplished for them which a curative hospital might reasonably expect to do. Even the entire relief from the pecuniary burden of the sufferers' support, as the application of the now duplicated Appleton Fund has shown, will not always secure to him a full trial.

From this annual summing up, it is gratifying to perceive that no falling off has occurred in the call for the aids of the Asylum. It is a satisfactory indication of the standing of this,—the oldest of the Northern Institutions for the Insane,—in the public estimation, that notwithstanding the multiplication of excellent hospitals, and their ability to support their inmates at a lower rate than is here attempted, it should continue, year after year, to have its full extent of accommodations crowded.

It will not be expected of me, occupying for a brief space the place of another, to make any extended suggestions as to the condition of the Institution, or its improvement, as required in the language of the Regulation. But I should do injustice to my own feelings were I not to place upon this, my last record of a long and happy connection with this Asylum, my

full testimony to the fidelity, zeal, and success with which its interests have been maintained by my friend and successor, now languishing on the bed of sickness. I am able also to verify his deep appreciation of the manner in which his efforts have been seconded by its entire corps of officers and assistants, since he had the privilege himself of expressing his own acknowledgments.

LUTHER V. BELL,

Acting Superintendent and Physician.

McLEAN ASYLUM FOR THE INSANE,
January 1, 1858.

*Table of Admissions, Discharges, and Results, at the McLean Asylum,
from its opening, October, 6, 1818.*

Year.	Admitted.	Discharged.	Whole number under care.	Died.	Much improved, &c.	Recovered.	Remaining at end of year.	Average number of Patients.
1818 } 1819 }	58	35	58	5	19	11	23	.
1820	44	40	67	1	28	11	27	.
1821	47	46	74	3	33	10	28	.
1822	64	50	92	5	31	14	42	.
1823	73	61	115	2	39	20	54	.
1824	53	56	107	5	28	23	51	.
1825	59	56	110	8	27	21	54	.
1826	47	46	101	5	21	20	55	.
1827	58	56	113	6	17	34	57	.
1828	77	65	134	5	37	23	69	.
1829	73	77	142	9	42	26	65	.
1830	82	78	147	10	34	34	69	.
1831	83	84	152	8	46	30	68	.
1832	94	98	162	10	45	43	64	.
1833	103	100	167	8	50	42	67	.
1834	108	95	174	7	47	41	80	.
1835	83	84	163	11	28	45	77	.
1836	106	112	183	10	38	64	71	.
1837	120	105	191	8	25	72	86	80
1838	138	131	224	12	45	74	93	95
1839	132	117	225	10	38	69	108	112
1840	155	138	263	13	50	75	125	128
1841	157	141	283	11	55	75	142	135
1842	129	138	271	15	43	80	133	143
1843	126	126	260	18	45	63	134	131
1844	158	140	292	19	49	68	152	146
1845	119	120	271	13	38	74	151	149
1846	148	126	299	9	52	65	173	164
1847	170	170	343	33	50	87	173	172
1848	143	155	316	23	50	82	155	171
1849	160	137	321	15	58	64	184	177
1850	173	157	357	28	51	78	200	201
1851	164	173	364	29	69	75	191	195
1852	145	135	336	15	48	72	201	200
1853	114	120	315	17	62	58	195	194
1854	120	120	315	16	45	59	195	195
1855	123	126	318	24	46	56	192	192
1856	149	145	341	19	58	68	196	195
1857	141	159	337	28	60	71	178	191
	4296	4118	.	493	1589	1997	.	.

TABLE OF ADMISSIONS AND RESULTS, AT MASSACHUSETTS GENERAL HOSPITAL, FOR TWENTY-THREE YEARS.

YEAR.	Total Admitted.	Free.	Paying Board all the time.	Paying part of the time.	Discharged well.	Percentage on "Fatal Admitted."	Much Relieved, or Relieved in part.	Not Relieved.	Not Treated — Unfit — Dismissed, &c.	Deaths.	Percentage on "Fatal Admitted."	Greatest number free at one time.	Greatest number paying at one time.	Greatest Total.	Least Total.	Average.	Accidents.	Percentage.	Average time of Paying. Weeks.	Average time of Free. Weeks.
1835	505	281	194	30	193	..	175	67	13	44	64	35	50 ³	5
1836	485	194	261	30	224	..	155	55	4	44	63	40	50 ⁵	3 ¹	5
1837	440	213	202	25	206	47	152	54	9	32	7	59	38	46 ⁶	3 ⁴	6
1838	380	133	205	42	174	46	121	48	6	35	9	53	35	43 ²	3 ⁴	5
1839	369	136	195	38	128	35	160	40	13	19	5	56	21	39 ⁴	3 ¹	5
1840	362	168	170	24	142	40	137	43	11	22	6	55	39	47 ⁶	4 ¹	6
1841	404	213	168	23	151	37	152	53	21	26	6	61	41	51	4 ¹	6
1842	347	177	159	11	121	34	137	45	16	25	7	62	13	43	4	6
1843	365	183	167	15	136	37	115	55	17	41	11	56	33	47 ²	4	6
1844	435	250	174	11	183	43	137	41	23	47	11	71	40	53	55	12 ²	3 ⁶	7
1845	453	265	176	12	205	45	130	37	28	54	12	44	34	72	37	56	62	14	4 ⁶	6
1846	459	250	182	27	211	46	137	30	33	36	8	44	28	72	37	55	59	13	4 ⁴	4
1847	674	354	279	41	340	50	145	54	30	57	8	82	41	123	54	81	74	11	3 ¹	4
1848	804	460	283	61	400	50	219	52	39	103	13	86	38	124	94	108	103	12 ²	3 ¹	5
1849	870	543	273	54	436	50	218	75	53	84	9	89	38	127	90	112	97	11	2 ¹	5
1850	746	427	242	77	363	48	200	56	49	76	10	103	33	136	83	108	98	13	2 ⁷	6
1851	839	477	298	64	387	46	235	47	63	98	11	93	48	141	77	112	123	15	3	6
1852	826	472	271	83	410	50	234	52	47	82	10	105	41	133	104	119	132	16	3 ¹	5
1853	925	505	335	85	431	46	287	70	66	82	9	108	39	142	108	120	159	17	3 ¹	7
1854	922	490	321	111	423	46	257	73	41	115	12	112	45	145	125	133	212	23	4	10
1855	915	414	352	147	456	40	238	59	51	102	11	107	59	152	114	134	157	17 ¹⁰	3 ³	11
1856	976	545	335	96	478	49	230	77	71	117	12	114	48	153	120	140	189	19	3	5
1857	920	549	280	91	510	55	195	57	66	130	14	119	40	157	103	128	163	17 ¹⁶	2 ³	5
	14421	7699	5522	1198	6708	46	4166	1240	770	1471				157	103	128	163	17 ¹⁶	2 ³	

TABLE OF EXPENSES OF MASSACHUSETTS GENERAL HOSPITAL, FOR TWENTY-THREE YEARS PAST.

	YEAR.	Weekly Expense, including Repairs.	Weekly Expense, excluding Repairs.	Board paid by Patients.	Board of Free Patients estimated at \$3 per Week. *	Whole amount of Board charged.	Amount gratuitously expended by Hospital.	Whole amount of Expenses.
Salaries and Repairs not included in Weekly Ex- penses of each Patient.	1835	..	\$4.53	\$14,720.13
	1836	..	5.84	17,950.25
	1837	..	5.30	13,424.34
	1838	..	5.38	\$3,592.09	\$3,635.18	\$7,227.27	\$9,504.45	13,096.54
	1839	..	5.76	3,435.92	3,107.57	6,543.49	9,287.17	12,723.09
	1840	..	4.32	3,562.02	4,163.56	7,725.58	8,358.30	11,920.32
	1841	..	3.90	3,635.90	4,974.55	8,610.45	7,559.81	11,195.71
	1842	..	5.34	2,650.10	4,803.04	7,453.14	10,305.49	12,955.59
	1843	..	\$5.00	3,170.09	5,037.78	8,207.87	8,097.67	11,267.76
	1844	..	4.77	3,137.19	5,791.62	8,928.81	10,027.24	13,164.43
Salaries and Repairs included in Weekly Expenses of each Patient. (New west- wing occupied from July, 1846—both wings completed in 1847.)	1845	..	5.52	3,710.79	5,924.65	9,635.44	12,379.94	16,090.73
	1846	..	6.43	3,024.00	6,048.00	9,072.00	15,377.00	18,401.00
	1847	..	5.81	5,001.00	8,352.00	13,353.00	19,511.00	24,512.00
	1848	..	4.98	5,074.00	12,515.00	17,589.00	22,931.00	28,005.00
	1849	..	5.04	4,788.00	12,527.00	17,315.00	24,603.00	29,391.00
	1850	..	5.16	4,226.00	12,960.00	17,186.00	24,798.00	29,024.00
	1851	..	5.38	5,424.00	12,659.00	18,083.00	25,941.00	31,365.00
	1852	..	4.87	5,359.00	13,639.00	18,998.00	24,814.00	30,173.00
	1853	..	5.22	5,562.00	13,920.00	19,482.00	27,053.00	32,615.00
	1854	..	5.73	6,128.00	15,283.00	21,411.00	34,526.00	40,654.00
	1855	..	6.21	8,889.17	17,619.52	26,508.69	34,363.34	43,252.51
	1856	..	6.11	8,466.25	21,405.40	29,871.65	35,982.67	44,448.92
	1857	..	6.45	7,336.83	22,463.40	29,800.23	35,573.57	42,910.40
	Totals,	\$96,172.35	\$206,829.27	\$303,001.62	\$400,993.65	\$543,260.72

* Since July 1st, 1855, the Board of Free Patients has been estimated at \$4 per week.

OFFICERS OF THE INSTITUTION.

1858.

WILLIAM APPLETON,	<i>President.</i>
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